



Second Stork
Helping new parents in need

Sewing Baby Caps for Second Stork

Second Stork provides 1000+ newborn clothing/blanket sets to hospitals for families in need with little to no clothing for their baby. Second Stork also provides safe sleep options, diapers, and other essential newborn items. The only homemade item acceptable across Second Stork's hospital network is newborn caps. Volunteers provide these fabulous caps, whether sewn, knit, or crocheted, using key specifications to make sure the caps are safe, usable, and the right fit. Thank you for helping Second Stork!

No inside seam – and no wearing cap inside: Inside seams are hard for babies to lay on and can be uncomfortable. The doubled caps with no inside seam are softer and more comfortable. Second Stork adds a label to all caps so new parents know to use the cap wisely and never sleep a baby in a cap - overdressing can be a cause of Sudden Infant Death Syndrome (SIDS).

Fabrics: Stretchy soft 100% *cotton* in a lightweight as these caps are double-sided. (Hospitals cannot accept anything other than 100% cotton.)

In general, one yard of 56" wide fabric can yield 10-12 caps. After you learn pattern, it takes about one hour to make 4-6 caps.

Choose a fabric with no direction as bottom edge of cap flips up and will be upside down if you use a directional print.

Solid colors are preferable for matching in a Second Stork clothing/blanket set where the sleeper and the blanket often come in a print.

DO NOT PREWASH fabric as unknown detergents can cause rashes on newborns.

Sizes: Second Stork helps families with a newborn baby and caps are generally worn at or shortly after discharge from a hospital. Follow these size instructions for making a pattern using the tutorial below. You can also print the pages that follow with PDF patterns for each size:

Preemie (or under 6 pounds): Cut a length of 14 inches and width of 5 inches

Newborn (or 6+ pounds): Cut a length of 15 inches and width of 6 inches

Sewing Instructions: The best tutorial is at https://youtu.be/_IMDmWb9J6A
Detailed step-by-step instruction are on following pages. The basic instructions are:

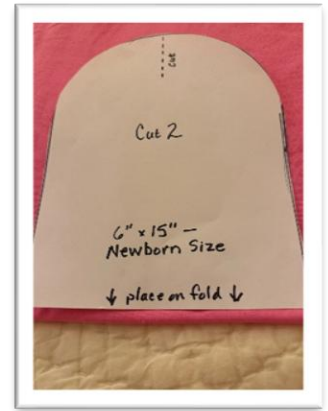
- Trace the pattern over TWO ovals (per size listed above)
- Cut out the two ovals
- Fold the ovals and cut approx 2" into the four ovals in the center of the rounded side
- Sew or serge the openings with right sides together; you'll have four short seams
- Lay fabric with right sides together in a large oval, align and pin both set of seams and the sides together
- Sew around the ovals, leaving a 1 or 1-1/2" opening on one side near one of the seams Fold in half, then sew the tops together (over the seams) about 2"
- Find the opening and turn inside out, then straighten out the seam
- Stitch or sew the opening closed and turn to inside of cap
- Turn over bottom ledge of cap -- you're done!
- Steam press/iron the cap flat (do NOT starch in order to keep soft)



Special thanks and credit to PinkModel Inc. for this pattern

Step-by-Step Instructions with Photos and Pattern

1.) Trace the pattern on fold twice for TWO ovals

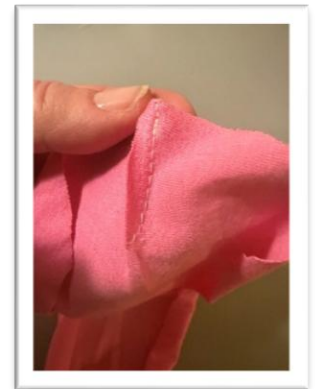


2.) Cut out the two ovals and lay flat

3.) Cut approximately 2" into the four ovals in the center of each rounded side



4.) Sew the openings with right sides together; you'll have four short seams



5.) Press seams open



- 6.) Lay fabric with right sides together in a large oval, align and pin both sets of seams and the sides together



- 7.) Sew around the ovals, leaving a 1 or 1-1/2" opening on one side near one of the seams



- 8.) Find the opening and turn inside out, then straighten out flat after turned inside out



9.) Stitch or sew the small opening closed and turn to inside of cap

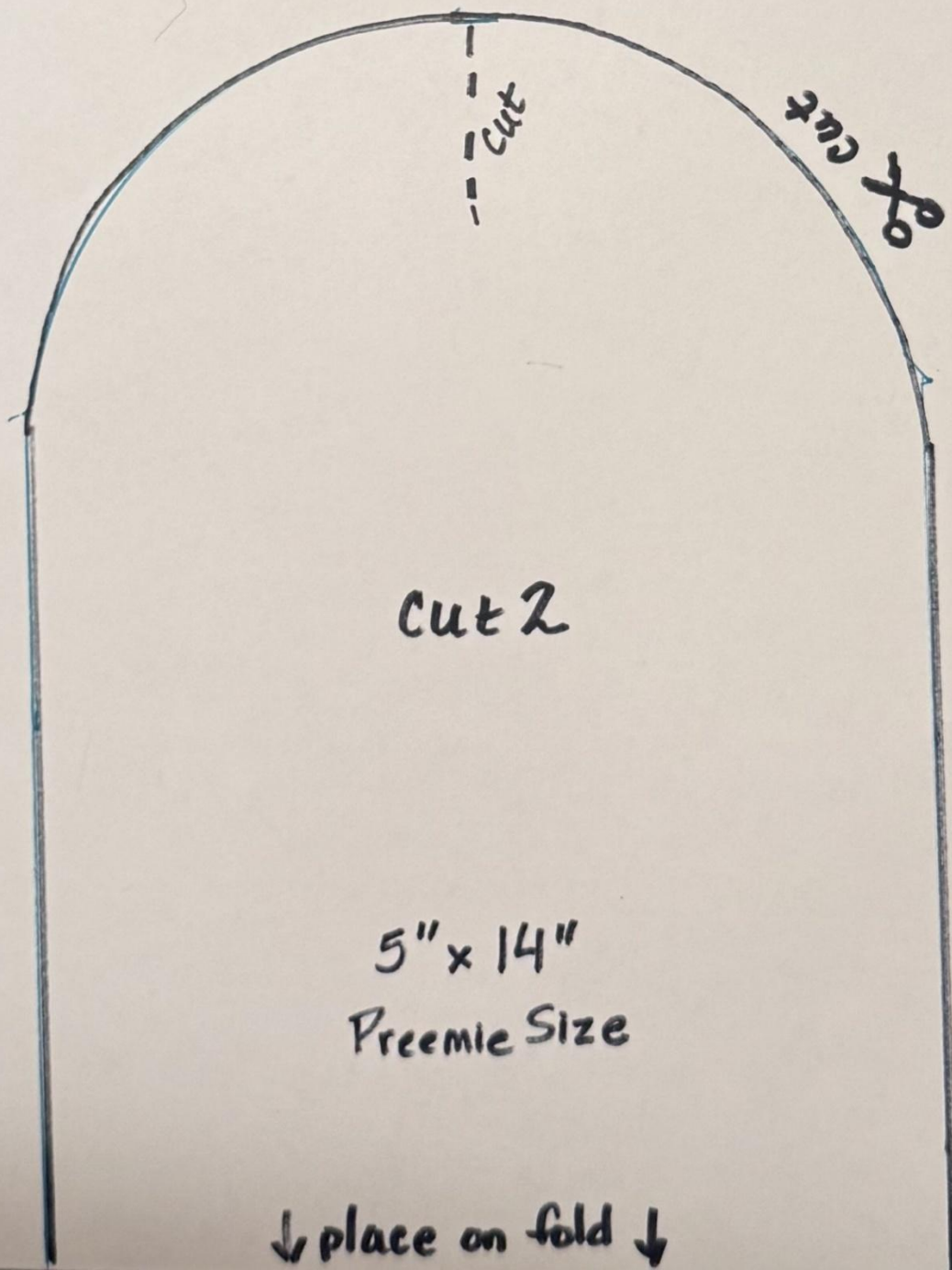


10.) Turn over bottom ledge of cap and you're done!



11.) Steam press/iron the cap flat

You're done! You've made a lovely newborn cap to keep a baby's head warm!



Cut 2

5" x 14"
Premie Size

↓ place on fold ↓

